

ТРИГОНОМЕТРИЈА

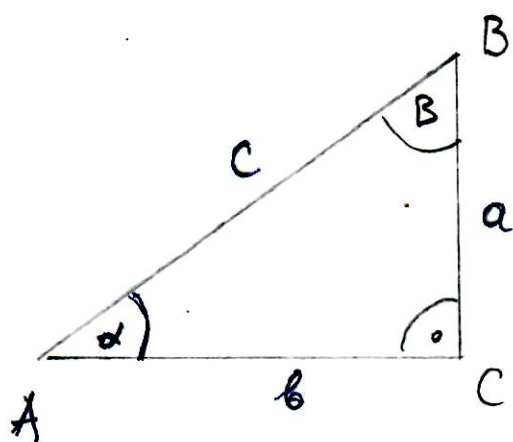
УГЛОВИ :

$$2\pi = 360^\circ, \quad \pi = 180^\circ, \quad \frac{\pi}{2} = 90^\circ, \quad \frac{\pi}{3} = 60^\circ, \quad \frac{\pi}{4} = 45^\circ$$

$$\frac{\pi}{6} = 30^\circ \dots \dots \quad \frac{3\pi}{2} = \pi + \frac{\pi}{2} = 180^\circ + 90^\circ = 270^\circ$$

$$135^\circ = 90^\circ + 45^\circ = \frac{\pi}{2} + \frac{\pi}{4} = \frac{3\pi}{4}$$

Правоугли ТРОУГАО



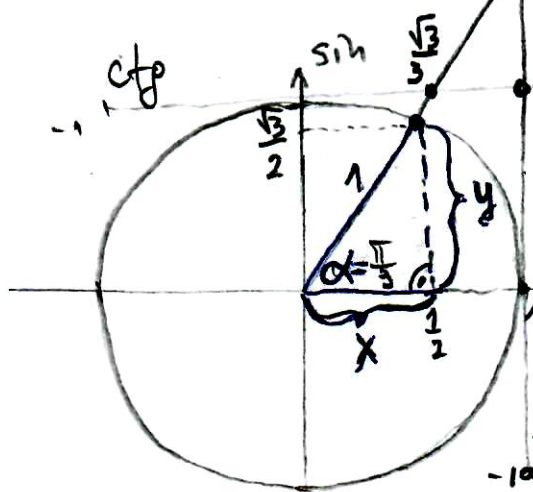
$$\boxed{\sin \alpha = \frac{a}{c}}$$

$$\boxed{\cos \alpha = \frac{b}{c}}$$

$$\boxed{\operatorname{tg} \alpha = \frac{\sin \alpha}{\cos \alpha} = \frac{\frac{a}{c}}{\frac{b}{c}} = \frac{a}{b}}$$

$$\boxed{\operatorname{ctg} \alpha = \frac{\cos \alpha}{\sin \alpha} = \frac{\frac{b}{c}}{\frac{a}{c}} = \frac{b}{a}}$$

$\sin, \cos, \operatorname{tg}, \operatorname{ctg}$ без аргумента не означавају ништа!

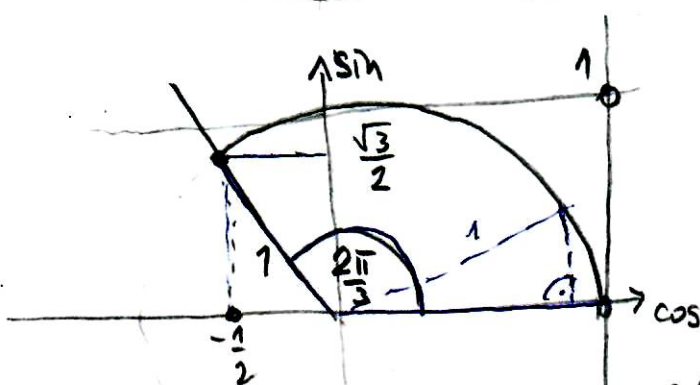


$$\boxed{\sin \alpha} = \sin \frac{\pi}{3} = \frac{y}{1} = y = \frac{\sqrt{3}}{2}$$

$$\boxed{\cos \alpha} = \cos \frac{\pi}{3} = \frac{x}{1} = x = \frac{1}{2}$$

$$\boxed{\operatorname{tg} \alpha} = \frac{y}{x} = \frac{\sqrt{3}/2}{1/2} = \sqrt{3}$$

$$\boxed{\operatorname{ctg} \alpha} = \frac{x}{y} = \frac{1}{\sqrt{3}} = \frac{\sqrt{3}}{3}$$



$$\frac{2\pi}{3} = \frac{\pi}{2} + \frac{\pi}{6} = 90^\circ + 30^\circ = 120^\circ$$

$$\sin \frac{2\pi}{3} = \sin \left(\frac{\pi}{2} + \frac{\pi}{6} \right) = \cos \frac{\pi}{6} = \frac{\sqrt{3}}{2}$$

$$\cos \frac{2\pi}{3} = \cos \left(\frac{\pi}{2} + \frac{\pi}{6} \right) = -\sin \frac{\pi}{6} = -\frac{1}{2}$$

Ове вредности су добијене формулама свођења!

Корунтисем агуунон ϕ -нэ за 3 дүр:

$$\sin\left(\frac{2\pi}{3}\right) = \sin\left(\frac{\pi}{2} + \frac{\pi}{6}\right) = \sin\frac{\pi}{2} \cos\frac{\pi}{6} + \cos\frac{\pi}{2} \sin\frac{\pi}{6} = 1 \cdot \cos\frac{\pi}{6} = \frac{\sqrt{3}}{2}$$

$$\cos\left(\frac{2\pi}{3}\right) = \cos\left(\frac{\pi}{2} + \frac{\pi}{6}\right) = \cos\frac{\pi}{2} \cos\frac{\pi}{6} - \sin\frac{\pi}{2} \sin\frac{\pi}{6} = -1 \cdot \sin\frac{\pi}{6} = -\frac{1}{2}$$

угаа α	0	$\frac{\pi}{6}$	$\frac{\pi}{4}$	$\frac{\pi}{3}$	$\frac{\pi}{2}$
$\sin \alpha$	0	$\frac{1}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{\sqrt{3}}{2}$	1
$\cos \alpha$	1	$\frac{\sqrt{3}}{2}$	$\frac{\sqrt{2}}{2}$	$\frac{1}{2}$	0
$\operatorname{tg} \alpha$	0	$\frac{\sqrt{3}}{3}$	1	$\sqrt{3}$	не постоян
$\operatorname{ctg} \alpha$	не постоян	$\sqrt{3}$	1	$\frac{\sqrt{3}}{3}$	0

$$\sin(-\alpha) = -\sin \alpha - \text{нэгдэх}$$

$$\cos(-\alpha) = \cos \alpha - \text{нэгдэх}$$

$$\sin(-2\alpha) \neq -2 \sin \alpha$$

$$\sin 3\alpha \neq 3 \sin \alpha$$

$$\cos 2\alpha \neq 2 \cos \alpha$$

$$\sin^2 \alpha + \cos^2 \alpha = 1$$

ОСНОВНА ТРИГОНОМЕТРИЧКА
ЖЕЛЭХЭЛ (УАЧИТУЛ)

$$\sin x^2 = \sin(x^2)$$

$$\sin^2 x = (\sin x)^2$$

29) Наћи сва решења једначине

$$\cos 2x - 5 \sin x - 3 = 0$$

Решење:

КОСИНУС ДВОСТРУКОГ УГЛА

$$\cos 2x = \cos^2 x - \sin^2 x$$

$$\cos 2x - 5 \sin x - 3 = 0 \Rightarrow \cos^2 x - \sin^2 x - 5 \sin x - 3 = 0$$

Из основне тригонометријске једнакости је $\cos^2 x = 1 - \sin^2 x$.

$$\sin^2 x + \cos^2 x = 1$$

$$\Rightarrow (1 - \sin^2 x) - \sin^2 x - 5 \sin x - 3 = 0$$

$$\Rightarrow -2 \sin^2 x - 5 \sin x - 2 = 0 \quad / \cdot (-1)$$

$$\Rightarrow 2 \sin^2 x + 5 \sin x + 2 = 0$$

Увођењем смене $\sin x = t$ једначина постаје:

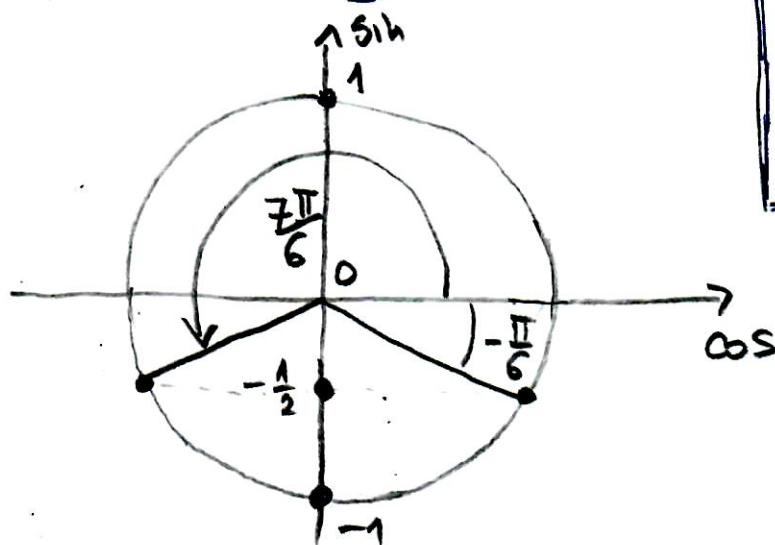
$$2t^2 + 5t + 2 = 0$$

$$t_{1,2} = \frac{-5 \pm \sqrt{5^2 - 4 \cdot 2 \cdot 2}}{2 \cdot 2} = \frac{-5 \pm \sqrt{9}}{4} = \frac{-5 \pm 3}{4}$$

$$t_1 = -\frac{1}{2}$$

$$t_2 = -2$$

$$1^\circ \quad t_1 = \sin x = -\frac{1}{2}$$



$$x = \frac{7\pi}{6} + 2k\pi, \quad k \in \mathbb{Z}$$

$$x = -\frac{\pi}{6} + 2n\pi, \quad n \in \mathbb{Z}$$

$$2^\circ \quad t_2 = \sin x = -2 \text{ — немогуће}$$

Образложење: $-1 \leq \sin x \leq 1$

22) Наћи сва решења једначине
 $\cos 2x - 4 \sin^2 x \cos^2 x = 1$

Решење:

(I начин)

СИМУС ДВОСТРУКОГ УГЛА

$$\sin 2x = 2 \sin x \cos x$$

$$\Rightarrow \sin^2 2x = 4 \sin^2 x \cos^2 x$$

Заменимо у једначину је:

$\cos 2x - \sin^2 2x = 1$. Из основне тригонометријске једнакости узимајући угао $2x$ је $\sin^2 2x + \cos^2 2x = 1$

$$\sin^2 2x = 1 - \cos^2 2x$$

Једначина постаје:

$$\cos 2x - (1 - \cos^2 2x) = 1 \Rightarrow \cos^2 2x + \cos 2x - 2 = 0$$

Увођењем смене

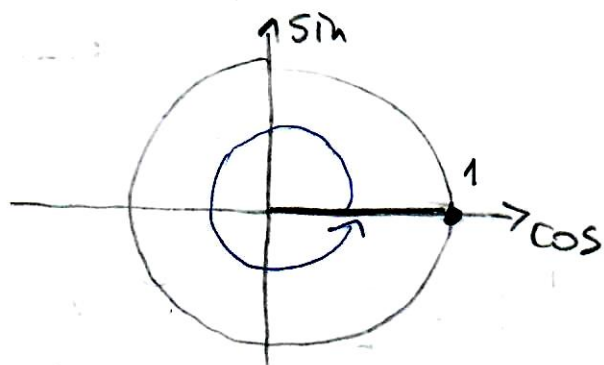
$$t^2 + t - 2 = 0$$

$$\cos 2x = t \text{ је}$$

$$t_{1,2} = \frac{-1 \pm \sqrt{1^2 - 4 \cdot 1 \cdot (-2)}}{2 \cdot 1} = \frac{-1 \pm 3}{2} \rightarrow \boxed{t_1 = 1} \rightarrow \boxed{t_2 = -2}$$

$$1^\circ (t_1 = 1)$$

$$\cos 2x = 1$$



$$2x = 2k\pi, k \in \mathbb{Z}$$

$$\boxed{x = k\pi, k \in \mathbb{Z}}$$

$$2^\circ (t_2 = -2)$$

$$\cos 2x = -2 \text{ — немогуће}$$

Решение:
(II шаг)

$$\cos 2x = \cos^2 x - \sin^2 x = (1 - \sin^2 x) - \sin^2 x$$

↑
ОСНОВНА ТР. ЈЕДН.

$$\Rightarrow \cos 2x = 1 - 2\sin^2 x$$

Једначица постаје:

$$\cancel{1} - 2\sin^2 x - 4\sin^2 x \cos^2 x = \cancel{1} \quad / : (-2)$$

$\cos 2x$

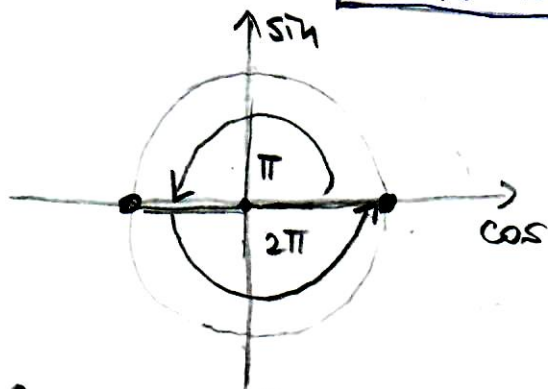
$$\Rightarrow \sin^2 x + 2\sin^2 x \cdot \cos^2 x = 0 \Rightarrow \sin^2 x (1 + 2\cos^2 x) = 0$$

$$1^\circ \sin^2 x = 0 \Rightarrow \boxed{\sin x = 0}$$

$$1^\circ \sin^2 x = 0$$

$$2^\circ 1 + 2\cos^2 x = 0$$

$$\Rightarrow \boxed{x = k\pi, k \in \mathbb{Z}}$$



$$2^\circ 1 + 2\cos^2 x = 0 \Rightarrow \cos^2 x = -\frac{1}{2} \text{ Немогуће!}$$

Квадрати не може бити негативни!

⑩ Наћи сва решења ј-те

Решение: $\sin^2 x - 3\cos^2 x + 2\sin 2x = 1$

$$\sin 2x = 2\sin x \cos x$$

СИСТЕМ ДВОСТРУКОГ
УГЛА

$$\sin^2 x + \cos^2 x = 1$$

ОСНОВНА ТР.
ЈЕДНАКОСТ

$$\cancel{\sin^2 x} - 3\cos^2 x + \underbrace{4\sin x \cos x}_{2\sin 2x} = \underbrace{\cancel{\sin^2 x} + \cos^2 x}_1 \quad / - \cos^2 x$$

$$-4\cos^2 x + 4\sin x \cos x = 0 \quad / : (-4)$$

$$\cos^2 x - \sin x \cos x = 0 \Rightarrow$$

⑤

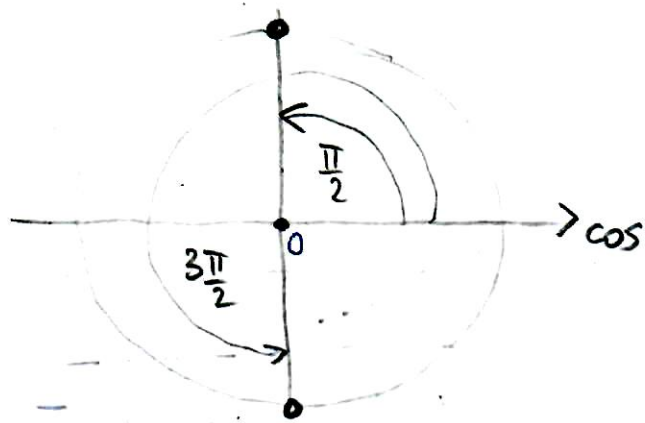
$$\cos x \cdot (\cos x - \sin x) = 0$$

$$1^\circ \cos x = 0$$

$$2^\circ \cos x - \sin x = 0 \text{ ил. } \sin x = \cos x$$

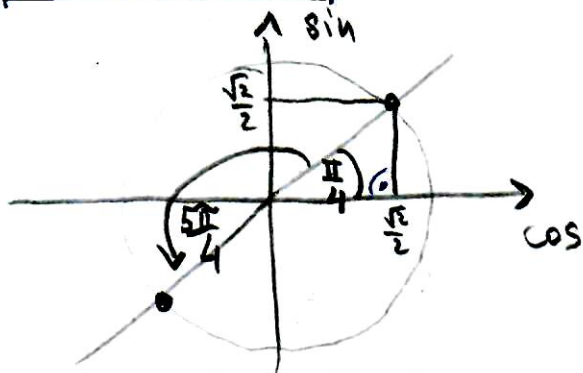
$$1^\circ \cos x = 0$$

$$x = \frac{\pi}{2} + k\pi, \quad k \in \mathbb{Z}$$



$$2^\circ \sin x = \cos x$$

$$x = \frac{\pi}{4} + n\pi, \quad n \in \mathbb{Z}$$



(23) Нати два решења ј-не

$$\cos 2x + \cos x = \sin 2x + \sin x$$

Решење:

Користићемо ф-не за трансформацију збира и производа

$$\cos \alpha + \cos \beta = 2 \cdot \cos \frac{\alpha + \beta}{2} \cdot \cos \frac{\alpha - \beta}{2}$$

$$\Rightarrow \cos 2x + \cos x = 2 \cdot \cos \frac{3x}{2} \cdot \cos \frac{x}{2}$$

$$\sin \alpha + \sin \beta = 2 \cdot \sin \frac{\alpha + \beta}{2} \cdot \cos \frac{\alpha - \beta}{2}$$

$$\Rightarrow \sin 2x + \sin x = 2 \cdot \sin \frac{3x}{2} \cdot \cos \frac{x}{2}$$

⑥

Једначина постаје:

$$2 \cos \frac{3x}{2} \cos \frac{x}{2} = 2 \sin \frac{3x}{2} \cdot \cos \frac{x}{2} \quad / : 2$$

$$\Rightarrow \cos \frac{3x}{2} \cos \frac{x}{2} - \sin \frac{3x}{2} \cos \frac{x}{2} = 0 \Rightarrow$$

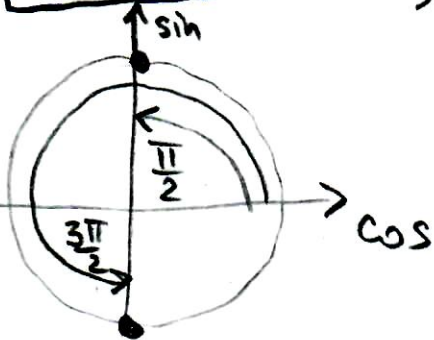
$$\Rightarrow \cos \frac{x}{2} \left(\cos \frac{3x}{2} - \sin \frac{3x}{2} \right) = 0$$

1° $\cos \frac{x}{2} = 0$

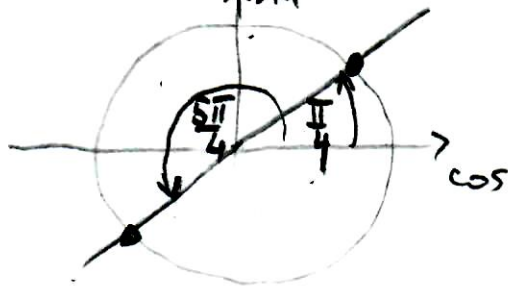
2° $\cos \frac{3x}{2} - \sin \frac{3x}{2} = 0$ ил. $\cos \frac{3x}{2} = \sin \frac{3x}{2}$

1° $\cos \frac{x}{2} = 0$

$$\Rightarrow \frac{x}{2} = \frac{\pi}{2} + k\pi \quad / \cdot 2 \Rightarrow \boxed{x = \pi + 2k\pi, k \in \mathbb{Z}}$$



2° $\cos \frac{3x}{2} = \sin \frac{3x}{2}$ $\Rightarrow \frac{3x}{2} = \frac{\pi}{4} + n\pi \quad / \cdot \frac{2}{3}$



$$\Rightarrow \boxed{x = \frac{\pi}{6} + \frac{2n}{3}\pi \quad n \in \mathbb{Z}}$$

20) Найти два решения j-го

$$\sin^2 x + \sin^2 2x = 1$$

Решение:

$$\sin^2 x + \sin^2 2x = 1 \Rightarrow \sin^2 2x = 1 - \sin^2 x = \cos^2 x$$

$$\Rightarrow \sin^2 2x = \cos^2 x \Rightarrow 4 \sin^2 x \cos^2 x = \cos^2 x$$

ОСНОВНИ
УДЕЛИТЕЛ

СИНОС ДВОСТРУКОГ
УГЛА

$$\sin 2x = 2 \sin x \cos x$$

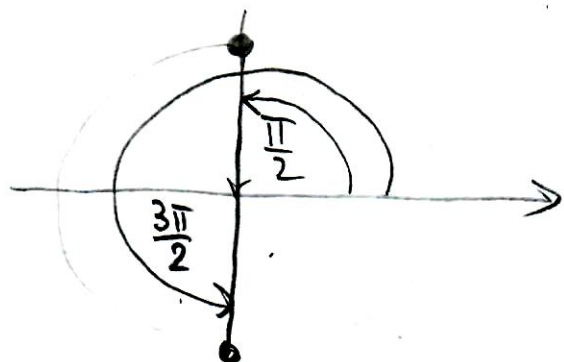
$$\Rightarrow \sin^2 2x = 4 \sin^2 x \cos^2 x$$

$$\Rightarrow 4 \sin^2 x \cos^2 x - \cos^2 x = 0 \Rightarrow \cos^2 x (4 \sin^2 x - 1) = 0$$

$$1^\circ \cos^2 x = 0$$

$$2^\circ 4 \sin^2 x - 1 = 0$$

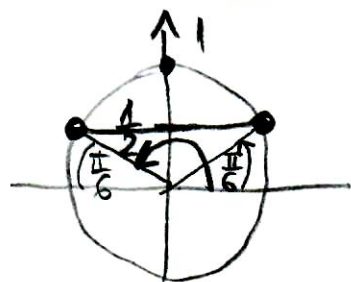
$$1^\circ \cos^2 x = 0 \Rightarrow \cos x = 0$$



$$x = \frac{\pi}{2} + k\pi, \quad k \in \mathbb{Z}$$

$$2^\circ 4 \sin^2 x - 1 = 0 \Rightarrow \sin^2 x = \frac{1}{4} \Rightarrow \sin x = \pm \sqrt{\frac{1}{4}}$$

$$a) \sin x = \frac{1}{2} \Rightarrow x = \frac{\pi}{6} + 2n\pi, n \in \mathbb{Z}$$



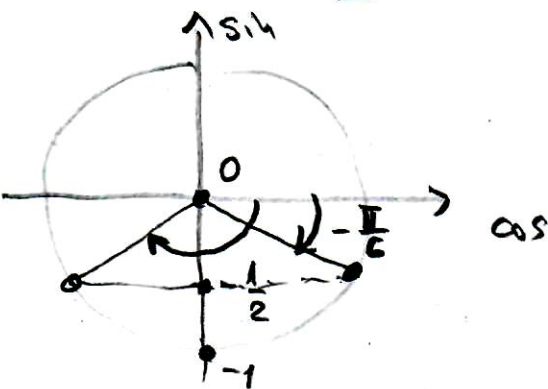
$$x = \frac{5\pi}{6} + 2m\pi, m \in \mathbb{Z}$$

$$a) x_1 = \frac{1}{2} \quad b) x_2 = -\frac{1}{2}$$

$$6) \sin x = -\frac{1}{2} \Rightarrow$$

$$x = -\frac{\pi}{6} + 2r\pi, r \in \mathbb{Z}$$

$$x = -\frac{5\pi}{6} + 2s\pi, s \in \mathbb{Z}$$



21) Решить тригонометрическое уравнение

$$\sin\left(\frac{\pi}{4} - x\right) \cdot \sin\left(\frac{\pi}{4} + x\right) = -\frac{1}{2}$$

ТРАНСФОРМАЦИЯ

ПРОИЗВОДА УЗЫЧ

$$\sin \alpha \cdot \sin \beta = \frac{1}{2} (\cos(\alpha - \beta) - \cos(\alpha + \beta))$$

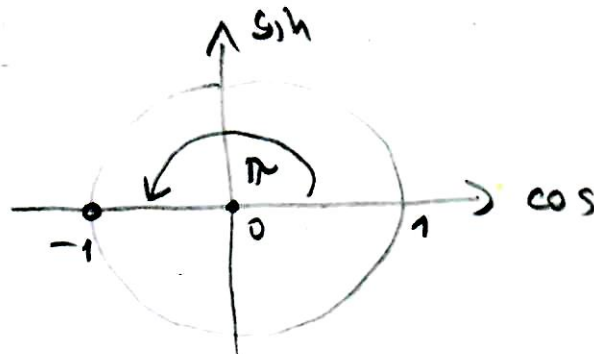
$$\begin{aligned} \sin\left(\frac{\pi}{4} - x\right) \cdot \sin\left(\frac{\pi}{4} + x\right) &= \frac{1}{2} \left(\cos\left(\frac{\pi}{4} - x - \left(\frac{\pi}{4} + x\right)\right) - \cos\left(\frac{\pi}{4} - x + \frac{\pi}{4} + x\right) \right) \\ &= \frac{1}{2} \left(\cos(-2x) - \cos\frac{\pi}{2} \right) = \frac{1}{2} \cos(-2x) = \frac{1}{2} \cos 2x \end{aligned}$$

Уравнение принимает вид:

$$\frac{1}{2} \cos 2x = -\frac{1}{2} \quad / \cdot 2 \Rightarrow \cos 2x = -1$$

$$2x = \pi + 2k\pi \quad / : 2$$

$$x = \frac{\pi}{2} + k\pi, k \in \mathbb{Z}$$



12) Решить неравенство:

$$-2 \cos^2 x + \sin x + 1 < 0$$

$$\boxed{\cos^2 x = 1 - \sin^2 x}$$

ОСНОВНА ТРИГ.
ИДЕНТИЧНОСТ

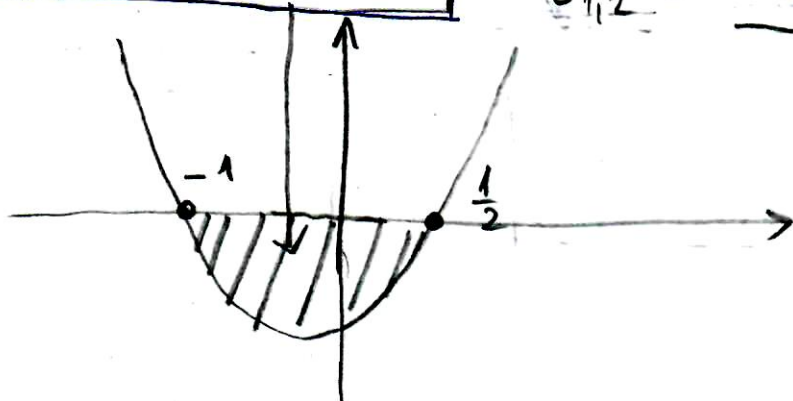
$$\Rightarrow (-2)(1 - \sin^2 x) + \sin x + 1 < 0$$

$$\Rightarrow 2 \sin^2 x + \sin x - 1 < 0$$

$$\boxed{\sin x = t}$$

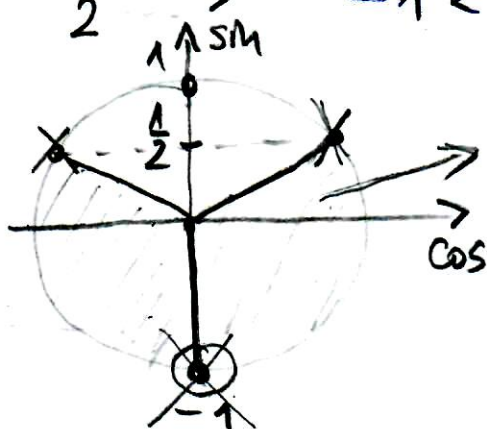
$$\boxed{2t^2 + t - 1 < 0}$$

$$t_{1,2} = \frac{-1 \pm \sqrt{1^2 - 4 \cdot 2 \cdot (-1)}}{2 \cdot 2} = \frac{-1 \pm 3}{4}$$



$$\boxed{t_1 = -1} \quad \boxed{t_2 = \frac{1}{2}}$$

$$-1 < t < \frac{1}{2} \Rightarrow -1 < \sin x < \frac{1}{2}$$



$$\boxed{-\frac{\pi}{2} + 2k\pi < x < \frac{\pi}{6} + 2k\pi, k \in \mathbb{Z}}$$

$$\boxed{\frac{5\pi}{6} + 2n\pi < x < \frac{3\pi}{2} + 2n\pi, n \in \mathbb{Z}}$$

① Ако је $\alpha + \beta + \gamma = 180^\circ$ доказати да је :

$$\operatorname{tg} \alpha + \operatorname{tg} \beta + \operatorname{tg} \gamma = \operatorname{tg} \alpha \cdot \operatorname{tg} \beta \cdot \operatorname{tg} \gamma$$

Решење:

$$\alpha + \beta + \gamma = \pi \Rightarrow \gamma = \pi - (\alpha + \beta)$$



тајтеник разлике

$$\operatorname{tg}(s-t) = \frac{\operatorname{tg} s - \operatorname{tg} t}{1 + \operatorname{tg} s \cdot \operatorname{tg} t}$$

$$\operatorname{tg} \pi = \frac{\sin \pi}{\cos \pi} = \frac{0}{1} = 0$$

$$\operatorname{tg}(\gamma) = \operatorname{tg}\left(\underbrace{\pi}_s - \underbrace{(\alpha + \beta)}_t\right) = \frac{\operatorname{tg} \pi - \operatorname{tg}(\alpha + \beta)}{1 + \operatorname{tg} \pi \cdot \operatorname{tg}(\alpha + \beta)} = -\operatorname{tg}(\alpha + \beta)$$

$$\operatorname{tg} \alpha + \operatorname{tg} \beta + \operatorname{tg} \gamma = \operatorname{tg} \alpha + \operatorname{tg} \beta - \operatorname{tg}(\alpha + \beta)$$

$$= \operatorname{tg} \alpha + \operatorname{tg} \beta - \frac{\operatorname{tg} \alpha + \operatorname{tg} \beta}{1 - \operatorname{tg} \alpha \cdot \operatorname{tg} \beta}$$

$$\operatorname{tg}(s+t) = \frac{\operatorname{tg} s + \operatorname{tg} t}{1 - \operatorname{tg} s \cdot \operatorname{tg} t}$$

ТАЈТЕНИК ЗБОРА

$$= (\operatorname{tg} \alpha + \operatorname{tg} \beta) \left(1 - \frac{1}{1 - \operatorname{tg} \alpha \cdot \operatorname{tg} \beta}\right)$$

$$= (\operatorname{tg} \alpha + \operatorname{tg} \beta) \frac{1 - \operatorname{tg} \alpha \cdot \operatorname{tg} \beta - 1}{1 - \operatorname{tg} \alpha \cdot \operatorname{tg} \beta} = (\operatorname{tg} \alpha + \operatorname{tg} \beta) \left(-\frac{\operatorname{tg} \alpha \cdot \operatorname{tg} \beta}{1 - \operatorname{tg} \alpha \cdot \operatorname{tg} \beta}\right)$$

$$= \operatorname{tg} \alpha \cdot \operatorname{tg} \beta \cdot \left(-\frac{\operatorname{tg} \alpha + \operatorname{tg} \beta}{1 - \operatorname{tg} \alpha \cdot \operatorname{tg} \beta}\right) = \operatorname{tg} \alpha \cdot \operatorname{tg} \beta \cdot \underbrace{(-\operatorname{tg}(\alpha + \beta))}_{\operatorname{tg} \gamma}$$

$$= \operatorname{tg} \alpha \cdot \operatorname{tg} \beta \cdot \operatorname{tg} \gamma$$

6) Доказати тотожство

$$\operatorname{tg}\left(\alpha + \frac{\pi}{4}\right) = \frac{1 + \sin 2\alpha}{\cos 2\alpha}$$

Решення

$$\sin(\alpha + \beta) = \sin\alpha \cos\beta + \cos\alpha \sin\beta$$

ТРАНСФОРМАЦІЯ синуса збуга

$$\cos(\alpha + \beta) = \cos\alpha \cos\beta - \sin\alpha \sin\beta$$

ТРАНСФОРМАЦІЯ косинуса збуга

$$\sin \frac{\pi}{4} = \frac{\sqrt{2}}{2}$$

$$\cos \frac{\pi}{4} = \frac{\sqrt{2}}{2}$$

$$\rightarrow \sin\left(\alpha + \frac{\pi}{4}\right) = \sin\alpha \cos \frac{\pi}{4} + \cos\alpha \sin \frac{\pi}{4} = \frac{\sqrt{2}}{2} (\sin\alpha + \cos\alpha)$$

$$\rightarrow \cos\left(\alpha + \frac{\pi}{4}\right) = \cos\alpha \cos \frac{\pi}{4} - \sin\alpha \sin \frac{\pi}{4} = \frac{\sqrt{2}}{2} (\cos\alpha - \sin\alpha)$$

Тоді же:

$$\operatorname{tg}\left(\alpha + \frac{\pi}{4}\right) = \frac{\sin\left(\alpha + \frac{\pi}{4}\right)}{\cos\left(\alpha + \frac{\pi}{4}\right)} = \frac{\frac{\sqrt{2}}{2} (\sin\alpha + \cos\alpha)}{\frac{\sqrt{2}}{2} (\cos\alpha - \sin\alpha)} \cdot 1$$

$$= \frac{\sin\alpha + \cos\alpha}{\cos\alpha - \sin\alpha} \cdot \frac{\cos\alpha + \sin\alpha}{\cos\alpha + \sin\alpha} = \frac{(\sin\alpha + \cos\alpha)^2}{\cos^2\alpha - \sin^2\alpha}$$

$$= \frac{\sin^2\alpha + 2\sin\alpha \cos\alpha + \cos^2\alpha}{\cos^2\alpha - \sin^2\alpha} =$$

$$\sin 2\alpha = 2\sin\alpha \cos\alpha$$

синус подвійного кута

$$= \frac{1 + 2\sin\alpha \cos\alpha}{\cos^2\alpha - \sin^2\alpha} =$$

$$\cos 2\alpha = \cos^2\alpha - \sin^2\alpha$$

косинус подвійного кута

$$= \frac{1 + \sin 2\alpha}{\cos 2\alpha}$$

⑦ Докажем идентичность

$$\frac{\cos \alpha}{\operatorname{ctg}^2 \frac{\alpha}{2} - \operatorname{tg}^2 \frac{\alpha}{2}} = \frac{1}{4} \sin^2 \alpha$$

Решение:

$$\sin^2 \frac{t}{2} = \frac{1 - \cos t}{2}$$

$$\cos^2 \frac{t}{2} = \frac{1 + \cos t}{2}$$

$$\operatorname{tg}^2 \frac{\alpha}{2} = \frac{\sin^2 \frac{\alpha}{2}}{\cos^2 \frac{\alpha}{2}} = \frac{\frac{1 - \cos \alpha}{2}}{\frac{1 + \cos \alpha}{2}} = \frac{1 - \cos \alpha}{1 + \cos \alpha}$$

Следовательно:

$$\operatorname{ctg}^2 \frac{\alpha}{2} = \frac{\cos^2 \frac{\alpha}{2}}{\sin^2 \frac{\alpha}{2}} = \frac{\frac{1 + \cos \alpha}{2}}{\frac{1 - \cos \alpha}{2}} = \frac{1 + \cos \alpha}{1 - \cos \alpha}$$

$$\begin{aligned} \frac{\cos \alpha}{\operatorname{ctg}^2 \frac{\alpha}{2} - \operatorname{tg}^2 \frac{\alpha}{2}} &= \frac{\cos \alpha}{\frac{1 + \cos \alpha}{1 - \cos \alpha} - \frac{1 - \cos \alpha}{1 + \cos \alpha}} = \frac{\frac{\cos \alpha}{1}}{\frac{(1 + \cos \alpha)^2 - (1 - \cos \alpha)^2}{(1 - \cos \alpha)(1 + \cos \alpha)}} \\ &= \frac{\frac{\cos \alpha}{1}}{\frac{1 + 2\cos \alpha + \cancel{\cos^2 \alpha} - (1 - 2\cos \alpha + \cancel{\cos^2 \alpha})}{1 - \cos^2 \alpha}} = \frac{\cancel{\cos \alpha} (1 - \cos^2 \alpha)}{4 \cancel{\cos \alpha}} \end{aligned}$$

$$= \boxed{\frac{1}{4} \sin^2 \alpha}$$